

# Lewis Ledger

## 2004 Women's Conference

The conference will be held today and Saturday at Stone Education Center.

A \$15 fee includes two days of seminars, lunch and a tote bag filled with information and promotional items. Cost for Saturday only is \$12.

Conference sweatshirts will be available for an additional \$5.

For more information, call 912-1906 or 964-0796 or e-mail [womensconference@aol.com](mailto:womensconference@aol.com).

## Holidays observed

The 1st Corps and Fort Lewis community will observe the following holidays:

- May 31 — Memorial Day;
- July 5 — Independence Day; and
- Sept. 6 — Labor Day.

The following training holidays will be observed by Soldiers:

- Today;
- May 28;
- July 2; and
- Sept. 3.

## OSC welfare requests

The Officer's Spouses' Club of Fort Lewis will be accepting aid and assistance requests through Monday.

Please send requests with information about the request, phone number and mailing address to: Officer's Spouses' Club of Fort Lewis  
Attention: Welfare Chairman  
PO Box 33044  
Fort Lewis, WA 98433

## Night firing notice

The 2nd Battalion, 75th Infantry will be firing mortars and demolitions into the Fort Lewis Impact Area from midnight Monday through midnight March 19. Ranges 31, 58 and 76 will be used. Road guards will be posted.

For more information, call 967-1552.

## Fort Lewis Volunteer Week

Volunteer week will be celebrated April 25 to May 1. The nomination period for the Fort Lewis Volunteer of the Year will run through Monday.

Nominations must be submitted on HFL Form 3065.

Nomination forms are available at the Family Resource Center.

For more information, call the Installation Volunteer Coordinator at 967-2324.

## College registration

Registration for the next college term at Stone Education Center is under way. Go to the education center at Building 6242 to talk with one of the education advisors to find out more about this Army benefit.

The spring college terms are:

- Central Texas College, Pierce College and Saint Martin's College — Monday to May 8;
- Chapman University — Monday to May 16; and
- Troy State University — Monday to May 23.

For more information, call 967-7295 or visit [www.lewis.army.mil/eso](http://www.lewis.army.mil/eso).

## Life Skills classes

The Army Community Services Family Advocacy Program and the Pierce College Military Program offer the following free classes for March:

- Parenting infants and toddlers (final two of an eight-session class) — Monday and Wednesday, 6:30 p.m. to 8:30 p.m.; and
- Anger control (single session class) — March 30, 1:00 p.m. to 3:00 p.m.,
- Stress management (four-session class) — Monday, Wednesday, March 22 and 24, 1 p.m. to 3 p.m.
- Marital conflict management (two-session class) — March 22 and 29, 6:30 p.m. to 8:30 p.m.
- Work and home stress management (one-session class) — March 24, 6:30 p.m. to 8:30 p.m.

Any single session class may be given as unit training.

Classes are provided for Soldiers, spouses and civilian employees in Building 2013A, Room 008 on 3rd and Pendleton.

For more information, call 967-7906 or e-mail [jean.mcguire@lewis.army.mil](mailto:jean.mcguire@lewis.army.mil).

## OSC March luncheon

The Officer's Spouses' Club's March luncheon will be Tuesday, 11:30 a.m. at the Fort Lewis Golf Course.

The event is \$11 per person and will focus on entertaining in an elegant and practical fashion.

For more information, call (A-L) LeAnn Riveron at 875-9656, (M-Z) Lori Wilson at 964-2053 or in the Olympia/Lacey area, Sheryl McGuire at (360) 491-4135.

## ESC Bingo night

Join the Fort Lewis Enlisted Spouses' Club for Great Gift Bingo Tuesday, 7 p.m. at the Cascade Community Club. Entry fee includes a bingo card, an opportunity ticket, and appetizers. Childcare will not be provided at this event.

For more information, call Tabitha Johnson at 964-2877.

## PLDC graduation

The Henry H. Lind NCO Academy is proud to announce the graduation of the Primary Leadership Development Course, Class 4-04, Thursday, 1 p.m. at Carey Theater.

## Retreats

The Navy Chaplain's Religious Enrichment Development Operation hosts free retreats for Soldiers, retirees, Department of Defense personnel and family members.

● A personal growth retreat is scheduled for April 22 to 25. Take time to invest in yourself.

● A marriage enrichment retreat is scheduled for March 19 to 21. Take time as a couple to build a stronger, happier marriage.

● Women's retreats are scheduled for March 26 to 28 and May 21 to 23. You are invited to reflect on your journey as a woman.

For more information, call (360) 476-3793 or visit [www.credo-pnw.navy.mil](http://www.credo-pnw.navy.mil).

## POSH Training

Mandatory POSH Training for new 1st Corp and Fort Lewis Supervisors (military and civilian) of federal civilian employees will be held March 23, 8 a.m. to 12 p.m.

New Employee POSH Orientation will be conducted March 30, 2 p.m. to 3 p.m.; March 31, 2:30 p.m. to 3:30 p.m.; and April 1, 3 p.m. to 4 p.m. Contact your Admin/Training coordinator to register.

All training will be conducted at the Civilian EEO Training Room, Bldg 5164. Parking is available on the East side of the building. Use side entrance.

For more information, call 967-9078.

## Home buying workshop

The Military Relocation Center will present a home buying workshop March 23 and 24 from 6 p.m. to 9:30 p.m. at the Stone Education Center. The workshop is two nights for a total of seven hours.

For more information, call 967-5354 or 967-5334.

## Suicide prevention

All civilian employees on Fort Lewis are required to attend annual suicide prevention training as a part of the Dare to Care program.

Classes are held in the Army Community Action Plan retiree classroom, Room 009, in the basement of Building 2013. The one-hour class will be offered:

- March 23, 9:30 a.m. and 10:30 a.m.;
- April 13, 9:30 a.m. and 10:30 a.m.;
- April 27, 9:30 a.m. and 10:30 a.m.;
- May 11, 9:30 a.m. and 10:30 a.m.;
- May 25, 9:30 a.m. and 10:30 a.m.

Registration is required.

For more information, call Wanda Howard at 966-4597 or e-mail [Wanda.m.Howard1@lewis.army.mil](mailto:Wanda.m.Howard1@lewis.army.mil).

## AFTB classes offered

Army Family Team Building is offering the following classes:

- March 26, Level II Korean, 9 a.m. to 2:30 p.m.
- March 30 to April 2, Level III, 9 a.m. to 2:30 p.m.
- April 7 to 8, Level I, 9 a.m. to 3:30 p.m.
- April 20 to 23, Level II, 9 a.m. to 3:30 p.m.
- April 30, Level II Korean, 9 a.m. to 2:30 p.m.
- May 5 to 6, Level I, 9 a.m. to 3:30 p.m.
- May 11, 12, 18, 19, 25 and 26, Level II (six evenings), 5:30 p.m. to 9:30 p.m.
- May 21, Level II Korean, 9 a.m. to 2:30 p.m.
- May 24 to 27, Instructor Training, call by May 3 to schedule an interview.

For more information, call 967-2382.

## Veterans of WWII luncheon

The Northwest Chapter of the Veterans of the Battle of the Bulge would like to invite all veterans of the Ardennes Campaign of World War II, their families and those interested in World War II history to the semiannual luncheon to be held at the LaQuinta Inn, 1425 East 27th Street, Tacoma March 27 from 10:30 a.m. to 2:30 p.m.

There will be a display of WWII vehicles and uniforms by WWII Enactors, The Friends of Willy and Joe and personal displays of memorabilia from the Battle of the Bulge. Our guest speaker will be Brig. Gen. Gordon D. Toney, assistant adjutant general and commander, Washington Army National Guard.

We are limited to 200 reservations, make your reservation by March 22.

For reservations and information, call Doris Rogers at (206) 242-9028 or Phil Robbins at (360) 674-7175 or Lois Wick at 566-7665.

## Warrant officer recruiting

The Warrant Officer Recruiting Team from Headquarters, U.S. Army Recruiting Command will brief Soldiers interested in becoming warrant officers on qualifications and application procedures.

Briefings will be held March 30 and 31 and April 1 from 9:30 a.m. to 1:30 p.m.

## 47th CSH memorial fund

Soldiers from 47th Combat Support Hospital are asking others in the Fort Lewis community to help one of their own.

First Sgt. Tom Paulino, of 47th CSH, suffered the loss of his daughter Victoria, 11, recently. A

## New jets



Spc. Andrea R. Eppel

**Lt. Gen. Edward Soriano welcomes some of the flight crew members of the two UC-35 jets temporarily stationed at Fort Lewis Feb. 20 prior to their first mission. Crew members from left to right, Chief Warrant Officers Jeff Groke and Dennis McClure, Spc. Eileen Seek, Chief Warrant Officers Scott Lyles and Don Helton and Maj. Jerome Clarke.**

memorial fund has been set up in her name. The fund will accept donations until March 31.

Those wishing to contribute to the fund can take their donations to the Armed Forces Bank and inform the teller the money is for the Victoria Paulino Memorial Fund. Contributions can also be delivered to 1st Lt. Dana Scott, in the 47th CSH Operations office, Bldg. 3218.

For more information, call Scott at 967-5336.

## Fisher House logo contest

The Cascade of Friends, a non-profit, private organization that provides financial support and services to the Fort Lewis Fisher House, will be changing its name to 'Friends of Fisher House.' To complement its new name, the Cascade of Friends will be conducting a logo contest.

Logo entries should reflect the identity of 'Friends of Fisher House.' Submissions should be in black and white format, and designs should be suitable for reproduction. The winning logo will become the official symbol of 'Friends of Fisher House' and will appear on letterhead and marketing materials.

Mail logo submissions to: Friends of Fisher House Logo Contest P.O. Box 65003 University, Wash. 98464. Or, drop off entries at the Madigan Public Affairs Office.

The deadline for submissions is April 2.

## Scavenger Hunt

The Cascade of Friends will conduct a Scavenger Hunt April 3, 9 a.m. to noon. The event will begin with a kick off briefing in the AMEDD Company A Dayroom, near old Madigan.

This event promises not to disappoint. There will be between eight and 10 squads scouring Fort Lewis in an attempt to collect as many of the scavenger items on their list.

However, before that can be accomplished, they will first have to solve the riddles that will lead them to the locations of the items.

If you would like your unit/section to participate as a squad, call Syl Wiles, 912-0624.

This event is traditionally conducted by the 1st Military Police Brigade, Fort Lewis. All of the donated items will go to the Fort Lewis Fisher House.

Anyone wishing to donate non-perishable items for the scavenger hunt, or for more information, call Wiles.

You may also make a donation directly to the Fisher House by contacting Jodi Land, Fisher House manager, 964-9283.

## Interactive mystery theater

Help find the criminal responsible for the "Death of an Informer" April 3, 7 p.m., Nelson Recreation Center, while enjoying delicious desserts and lots of laughs. The show is produced by 'Northwest Murder Mysteries' from Seattle. Prizes will be awarded for best detective skills. Tickets are limited and available at ITT for \$25 (\$20 for active duty and active duty family members).

For more information, call 967-5776.

## Youth Theatre workshop

The Fort Lewis Youth Theatre Ensemble Spring Break Workshop will be held April 12 through 15 from 1 p.m. to 4:30 p.m.

Workshop participants will write songs and skits, produce a CD, then perform acting, singing, dancing and comedy skills at Kids' Fest on the main stage. The workshop is for ages 7 through 15 and costs \$20.

For more information, call 967-5776.

## Sensational Seniors

The following presentations are offered to the public in the Madigan Army Medical Center Chapel on the first floor in the Nursing Tower:

- Heart-healthy Living for Seniors — April 13 at 2 p.m.;
- Vascular Disease & C-Reactive Protein — May 11 at 2 p.m.; and
- Herbs and Supplements — June 8 at 2 p.m. No registration required.

For more information, call Nancy Poole at 968-2508.

## ZAPTAX

The ZAPTAX office will finish the tax season April 15 at 10 p.m.

The office is located in Building PQ2140, behind Waller Hall and the post Housing Office.

Hours of operation are Mondays to Wednesdays, 9 a.m. to 6 p.m.; Thursdays, 1 p.m. to 6 p.m.; Fridays, 9 a.m. to 6 p.m.; and Saturdays, 10 a.m. to 3 p.m.

To avoid long lines, customers will be seen by

appointment only. Be sure to bring all pertinent documents.

For more information, call 966-9309.

## Child care provider training

The Family Child Care program is seeking individuals who are interested in providing quality child care in their homes (Government housing).

Based on Army regulations, the FCC program sets standards for the care of children. If you intend to provide care for children in your home on a regular basis (more than 10 child care hours per week), you must be certified by Child and Youth Services.

The next FCC provisional certification training classes will be held April 19, 20, 22, 23 and 26. You may obtain an FCC provider application at the FCC office, Bldg. 2013 B, Rm. 127, 3rd Ave. and Pendleton.

For more information regarding the FCC program or the certification process, call 967-3738 or 967-7364.

## Days of Remembrance

The 1st Military Police Brigade will sponsor a Days of Remembrance observance on April 23 from 9:30 a.m. to 11 a.m. at the American Lake Club. The guest speaker is Leo Hymas, Buchenwald liberator.

A free buffet follows the observance.

## Lakewood annual festival

Lakewood will be hosting the 5th annual International Festival at Pierce College, Fort Steilacoom Campus, May 1 from 11 a.m. to 7 p.m.

The festival is free and open to the public. There will be international arts, crafts, children's games and activities, and displays.

The festival is to celebrate the multi-cultural diversity in the community.

For more information, call Alice Bush at 589-2489.

## Warbirds air show

The Olympic Flight Museum in Olympia will host the 6th annual Gathering of Warbirds air show June 18 through 20.

The event features seven decades of military aircraft from vintage bi-planes to high-performance jets in the largest warbird-only gathering in the Northwest.

For more information, call (360) 705-3925 or e-mail [info@olympicflightmuseum.com](mailto:info@olympicflightmuseum.com).

## Armed Forces Bank hours

Armed Forces Bank will be closing the main lobby of the bank at 5 p.m. on paydays. All other business hours will remain the same.

The lobby hours are 9 a.m. to 5 p.m. Mondays through Fridays and 9 a.m. to 1 p.m. on Saturdays.

The drive-up is open 8 a.m. to 5:30 p.m. Mondays through Fridays and 9 a.m. to 1 p.m. on Saturdays.

We will continue to monitor the customer traffic and adjust as the need changes.

## 22nd PSB new hours

22nd Personnel Services Battalion has new operating hours:

- Open Mondays, Wednesdays and Fridays from 9 a.m. to 11:30 a.m. for S-1s only; and 1 p.m. to 3 p.m. for customer service. Open Tuesdays from 1 p.m. to 3 p.m.
- Closed Thursdays.
- ERB/ORB Updates and 1506s are done by appointment only.
- Call ERB — 968-9192; or ORB — 968-9200.
- The office will be closed today until 1 p.m.
- The office will be closed all day March 12, 16 through 19 and 22.

## Excelsior representative

A representative from Excelsior College will be at the Stone Education Center the third Tuesday of every month from 1 p.m. to 4 p.m., Room 147.

If you are a current or prospective student with Excelsior and would like to speak with the representative one-on-one, call (360) 895-0249 for an appointment, or e-mail Janie Danesh at [ajdanesh@hotmail.com](mailto:ajdanesh@hotmail.com).

## ESC membership

The Enlisted Spouses' Club meets the second Tuesday of each month at the clubhouse located across from the Iron Mike Statue. Meetings begin at 7 p.m., and childcare is provided for members in good standing. All enlisted spouses are welcome, yearly dues are \$15, and members

participate in fund raisers throughout the year.

For more information, call Kathi Andrews at 964-0469.

## Off-limits

The Armed Forces Disciplinary Control Board places the following areas and establishments off limits:

- Ginseng Spa, 125588 Pacific Highway in Tacoma;
- Royal Steam Bath, 9324 1/2 South Tacoma Way in Tacoma;
- Shanghai Sauna, 12507 Pacific Highway in Tacoma;
- Café Arizona, 2012 South 320th Street in Federal Way;
- Club NAF, 6327 West Marginal Way in Seattle;
- Club FX, 333 Elliott Avenue West in Seattle; and
- United State of Consciousness events, P.O. Box 13350 in Des Moines.

## Exchange students

Pacific Intercultural Exchange is looking for 80 Washington families to host high school students from various countries for the 2004-2005 school year.

The students are ages 15 to 18 and will arrive in August and will attend the local high school.

There are no criteria for a host family. The students are prescreened, speak English, have medical insurance and their own spending money.

For more information, call 800-894-7633.

## Operation Hero Miles

Anyone can donate his or her frequent-flier miles to deployed Soldiers for rest and recuperation or emergency leave.

For more information, visit [www.heromiles.org](http://www.heromiles.org).

## R&R leave

For more information on rest and recuperation leave, visit [www.odcsper.army.mil/Directorate/wb/RRLeave/index.htm](http://www.odcsper.army.mil/Directorate/wb/RRLeave/index.htm).

## German Wives Club

The German Wives Club of Fort Lewis meets the third Saturday each month at 2 p.m. to 5 p.m. in the Main Conference Room of the Main Chapel.

For more information, call 588-8983, 588-9251 or (360) 491-4102.

## Reserve NCOs

Interested in becoming a Basic or Advanced Noncommissioned Officers' Course instructor for the Army Reserves, teaching one weekend a month?

Positions are available in Arizona, California, Colorado, Idaho, Montana, Nevada, North Dakota, South Dakota, Oregon, Washington and Wyoming. For more information, call Jeannie Long at 968-7038.

## Sergeants Major Association

Sergeants Major Association of Fort Lewis meets the third Wednesday each month at 4:30 p.m. at the Cascade Community Club.

All active and retired sergeants major of the U.S. Army, Reserve Components or equivalent grades of the Air Force, Navy, Marine Corps and all master sergeants or first sergeants on a promotion list to the rank of sergeant major, who are stationed, assigned, or maintaining residence on Fort Lewis and the western area of the state of Washington are eligible for membership.

For more information, call 297-3403.

## Link to deployed Soldiers

● The Army has established a new Web link — [www.army.mil/toursoldiers](http://www.army.mil/toursoldiers) — to make it easier to send a greeting to Soldiers serving in the war on terrorism.

● For answers to questions about mail and locating Soldiers in Iraq, go to [www.army.mil.operations/iraq/taq.html](http://www.army.mil.operations/iraq/taq.html).

## WFSG meeting

Waiting Families Support Group meets the first Monday of each month, 6 p.m. to 8 p.m., at the Family Resource Center, Building 4274, located on 9th Division and Idaho Street.

WFSG is an outreach support group for active duty military families while on unaccompanied tour, extended temporary duty and field training exercises.

For more information, call John Moody at 967-3635, Jackie Seabrook at 967-3628 or e-mail [relocae@lewis.army.mil](mailto:relocae@lewis.army.mil).

## ESC

All enlisted spouses are invited to the month Enlisted Spouses Club monthly meeting. Learn about fundraising and community service activities, and have a good time with other military spouses.

The meetings are held the second Tuesday of each month at the clubhouse across the street from the Soldiers Statue, and start at 7 p.m. Limited childcare is available.

For more information, call 964-0469.

## Scholarship

Scholarship for Service offers college funding in return for a period of employment by the student after graduation.

For more information, visit [www.sfs.opm.gov](http://www.sfs.opm.gov).

## Attention

Event announcements must be received no later than the Friday before publication, but the earlier they are received, the better.

Announcements can be e-mailed to [NWGEDitor@mail.tribnet.com](mailto:NWGEDitor@mail.tribnet.com), faxed to 967-0850 or hand delivered.

The *Northwest Guardian* office is located in Building 2025 (right side from back parking lot), on main post.

For more information, call 967-0173.

## Pet of the week



**Adopt a cat like this one at the Stray Animal Facility, Building 9988, on post. Animals can be visited during adoption hours, Mondays to Fridays, from 9 a.m. to 1 p.m. Animals will be held for three working days before they are disposed of in accordance with local policies. For more information, call 967-3988.**